**Kubacak Elementary Physical Education**

Dear Parents/Guardians,

We are looking forward to this new school year at Kubacak! All students will be on a 5-day rotation which means your child will attend P.E. the same rotation day three days each week. For example they may have PE on rotation day 1, 3, and 5 or 1,2 and 4. Please check your child’s classroom folder for their class P.E. schedule.

It is very important that your child be dressed appropriately for P.E. in order to participate in class activities. **Student’s need to wear rubber soled, closed toe shoes with a back**. To ensure the safety of all, students may **NOT** wear: sandals, dress shoes, heels or boots. Girls must wear shorts under dresses and skirts. Consistent inappropriate dress will lower the student’s P.E. conduct grade.

The goals of the Physical Education program are to improve fitness levels, develop good sportsmanship and develop locomotor skills that will encourage and instill a love for lifetime physical fitness.

**In order to meet the goals of our P.E. class, students must maintain certain expectations. These expectations are:**

1 – Stop, look, and listen on the whistle.

2 – Keep hands, feet, and all objects to yourself.

3 – Touch equipment only when told to do so.

**If a student needs to be reminded of these expectations the following actions will be taken:**

1st - Verbal warning

2nd – Recovery station (student may return to activities after finishing station).

3rd - Recovery station/Class dojo deduction (discuss behavior with classroom teacher and message sent to parent through class dojo.

If your child is unable to participate in P.E. due to an illness or injury, please send a dated note clearly stating when your child may resume activities. Not participating in P.E. for more than three consecutive days requires a doctor’s note.

We encourage children to bring a water bottle to P.E. with their name on it.

Our conference time is from 11:10-11:55

We are looking forward to a great year!!!

Coach Beard and Coach Hillis