Santa Fe High School

Physical Education Syllabus

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Coach Watson – [Gregory.watson@sfisd.org](mailto:Gregory.watson@sfisd.org)

All students in the state of Texas must have 1 credit of Physical Education to graduate high school. Physical education students will acquire the knowledge and skills for movement that will provide a foundation for enjoyment, social development, and physical activity that will extend into a lifetime of physical activity. The student will be able to understand the relationship between physical activity and a healthy lifestyle. Class topics may include volleyball, basketball, badminton, wall-ball, kickball, dodgeball and a variety of games.

**Expectations:** Be on time to class each day, dress out, participate in the activities, be respectful to other students and Coaches. ***ABSOLUTELY NO CELL PHONES OR ANY TYPE OF TECHNOLOGY ALLOWED DURING CLASS TIME. THESE ITEMS MUST BE LOCKED IN YOUR LOCKER.***

**Dress Code:**

T-shirt, shorts, and tennis shoes are required each day. They may be any color as long as they adhere to the school dress code. You may wear sweat pants as an alternative.

*\*You will have 10 minutes to dress out before class and after class. Please bring items for personal hygiene. There are times that we will be outside, please be sure to have appropriate outerwear.*

**Attendance:**

*Attendance will be taken each class period each day.*

**Grading:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Category** | **% of Grade** | **Daily Points** | **Grading Example** |
| Dressing Out | 50% | 20 | 5 Days x 20 pts. = 100 for the week |
| Participation | 50% | 20 | 5 Days x 20 pts. = 100 for the week |

*\*If you do not meet the above expectations each day, you will receive a zero for the day.*

**Lockers and Locker Room Behaviors:** All students will be given a locker to lock up your personal property. We expect you to remain on the PE side of the locker room and treat all school property with respect. The PE coaches or the school are not responsible for items that are lost or stolen.

**Activities:** We will provide a variety of activities throughout the year. Please push yourself to attempt new skills, team games, etc.

**Sportsmanship and Safety:** We ask that all students work hard at demonstrating good sportsmanship in all activities, play safe, and respect the equipment. No gum, food, or drinks are allowed in the gym. Water will be provided by the coaches. Horseplay and/or poor sportsmanship will result in disciplinary actions in accordance with the school’s discipline code.

**Please sign and return to your PE coach no later than Monday, August 23, 2021.**

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Student Name Date

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Student Signature

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Parent Name Date

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Parent Signature Contact Number